

ABOUT THE PLACE OF REFLECTION

The Place of Reflection is a wonderful new resource for the Western Australian community – a place of commemoration and healing for people dealing with loss in everyday life.

Nestled in one of the most picturesque parts of the state's beloved Kings Park, the site offers a place of quiet contemplation for people from all cultures and backgrounds. It is a place where loss is felt and acknowledged, where loved ones are remembered, and where nature encourages the seeking of understanding, healing, hope and renewal.

The site can be used by people experiencing loss and grief in many different forms: the death or disablement of a loved one; the anguish experienced when a person goes missing; the loss of a homeland, of cultural identity or of family left behind; the loss of physical or mental health; or the breakdown of family relationships, among many scenarios.

USING THE PLACE OF REFLECTION

The Place of Reflection is set in a secluded part of the Roe Gardens in Kings Park, high on the Mt Eliza escarpment. A winding pathway leads visitors through the space, and provides opportunities for meditative walking. There are also seating nooks along the pathway and two wooden decks overlooking the escarpment that provide spectacular views of the river, cityscape and hills beyond. In the early evening, the attractive copper archways framing these decks are lit from within, to beautiful effect.

At the end of the walking path is the round, open-sided Marlee Pavilion – an inspirational venue used by organisations, community and family groups for events related to grief, loss and healing.

The Place of Reflection also lends itself to counselling and mentoring sessions where individuals might benefit from being in an open-air environment.

FURTHER INFORMATION

The Place of Reflection website contains comprehensive information on how to locate, access and use the facility, including booking details for the Marlee Pavilion: www.placeofreflection.org

General enquiries can also be directed to the Botanic Gardens and Parks Authority, which maintains and manages the site: enquiries@bgpa.wa.gov.au



www.placeofreflection.org

The Place of Reflection is the vision of a consortium of five community organisations committed to helping people deal with grief and loss: the Healing Hearts Foundation (founded by the Rotary Club of Heirisson); the Association for Services to Torture and Trauma Survivors; SIDS and Kids WA; The Compassionate Friends; and Soroptimist International of South Perth. They were supported by the Botanic Gardens and Parks Authority, the Friends of Kings Park and Lotterywest.